

FREERIDE TEAMS - JUNE / JULY 2012

	<u>Race / Events Info</u>	<u>Schedule</u>	<u>Program Type</u>
Wednesday, 13 June 2012			
Thursday, 14 June 2012			
Friday, 15 June 2012			
Saturday, 16 June 2012	Freeride Series Rails (Thredbo)	Train	Core program
Sunday, 17 June 2012		Train	Core program
Monday, 18 June 2012			
Tuesday, 19 June 2012			
Wednesday, 20 June 2012			
Thursday, 21 June 2012			
Friday, 22 June 2012			
Saturday, 23 June 2012		Train	Core program
Sunday, 24 June 2012		Train	Core program
Monday, 25 June 2012			
Tuesday, 26 June 2012			
Wednesday, 27 June 2012			
Thursday, 28 June 2012			
Friday, 29 June 2012			
Saturday, 30 June 2012		Train	Core program
Sunday, 1 July 2012		Train	Core program
Monday, 2 July 2012		Day off	
Tuesday, 3 July 2012		Mid week train	4-pack add on training
Wednesday, 4 July 2012	Interschools Northern (Thredbo)	Mid week train	4-pack add on training
Thursday, 5 July 2012	Interschools Northern (Thredbo)	Mid week train	4-pack add on training
Friday, 6 July 2012	Interschools Northern (Thredbo)	Mid week train	4-pack add on training
Saturday, 7 July 2012	Interschools Northern (Thredbo)	Train	Core program
Sunday, 8 July 2012		Train	Core program
Monday, 9 July 2012	Scots Race	Mid week train	4-pack add on training
Tuesday, 10 July 2012	Redland Cup (Thredbo)	Mid week train	4-pack add on training
Wednesday, 11 July 2012	Interschools Sydney	Mid week train	4-pack add on training
Thursday, 12 July 2012	Interschools Sydney	Mid week train	4-pack add on training
Friday, 13 July 2012	Interschools Sydney	Day off	
Saturday, 14 July 2012	Interschools Sydney	Train	Core program
Sunday, 15 July 2012		Train	Core program
Monday, 16 July 2012		Day off	
Tuesday, 17 July 2012	Freeride Series Slopestyle (Thredbo)	Mid week train	4-pack add on training
Wednesday, 18 July 2012		Mid week train	4-pack add on training
Thursday, 19 July 2012		Mid week train	4-pack add on training
Friday, 20 July 2012		Mid week train	4-pack add on training
Saturday, 21 July 2012	Slopestyle Series Day 1	Train	Core program
Sunday, 22 July 2012		Train	Core program
Monday, 23 July 2012			
Tuesday, 24 July 2012			
Wednesday, 25 July 2012	Interschools ACT/Southern		
Thursday, 26 July 2012	<i>Interschools ACT/Southern</i>		
Friday, 27 July 2012	Interschools ACT/Southern		
Saturday, 28 July 2012		Train	Core program
Sunday, 29 July 2012		Train	Core program
Monday, 30 July 2012			
Tuesday, 31 July 2012	Freeride Series SX/BX (Thredbo)		

Core Program Days June / July	14
Additional mid week training days, purchasable as 4 packs only	12
Total number of packs June / July	3

Training Schedule is subject to change

FREERIDE TEAMS - AUGUST / SEPTEMBER 2012

<u>Race / Events Info</u>	<u>Schedule</u>	<u>Program Type</u>
Wednesday, 1 August 2012		
Thursday, 2 August 2012		
Friday, 3 August 2012		
Saturday, 4 August 2012	Train	Core program
Sunday, 5 August 2012	Train	Core program
Monday, 6 August 2012		
Tuesday, 7 August 2012		
Wednesday, 8 August 2012		
Thursday, 9 August 2012		
Friday, 10 August 2012 Blue Cow Cup	Train	Core program
Saturday, 11 August 2012 Blue Cow Cup	Train	Core program
Sunday, 12 August 2012 Blue Cow Cup	Train	Core program
Monday, 13 August 2012		
Tuesday, 14 August 2012 Freeride Series (Thredbo)	Mid week train	4-pack add on training
Wednesday, 15 August 2012 Freeride Series (Thredbo)	Mid week train	4-pack add on training
Thursday, 16 August 2012 Freeride Series (Thredbo)	Mid week train	4-pack add on training
Friday, 17 August 2012	Mid week train	4-pack add on training
Saturday, 18 August 2012	Train	Core program
Sunday, 19 August 2012	Train	Core program
Monday, 20 August 2012		
Tuesday, 21 August 2012		
Wednesday, 22 August 2012		
Thursday, 23 August 2012 Interschools State (Thredbo)		
Friday, 24 August 2012 Interschools State (Thredbo)	Train	Core program
Saturday, 25 August 2012 Interschools State (Thredbo)	Train	Core program
Sunday, 26 August 2012 Interschools State (Thredbo)	Train	Core program
Monday, 27 August 2012		
Tuesday, 28 August 2012	Mid week train	4-pack add on training
Wednesday, 29 August 2012	Mid week train	4-pack add on training
Thursday, 30 August 2012	Mid week train	4-pack add on training
Friday, 31 August 2012	Mid week train	4-pack add on training
Saturday, 1 September 2012 Freeride Series Big Air (Thredbo)	Train	Core program
Sunday, 2 September 2012	Train	Core program
Monday, 3 September 2012		
Tuesday, 4 September 2012		
Wednesday, 5 September 2012 Interschools National		
Thursday, 6 September 2012 Interschools National		
Friday, 7 September 2012 Interschools National		
Saturday, 8 September 2012 Interschools National	Train	Core program
Sunday, 9 September 2012 Interschools National	Train	Core program
Monday, 10 September 2012 One Hit Wonder (Thredbo)		
Tuesday, 11 September 2012 One Hit Wonder (Thredbo)		
Wednesday, 12 September 2012 One Hit Wonder (Thredbo)		
Thursday, 13 September 2012 One Hit Wonder (Thredbo)		
Friday, 14 September 2012 One Hit Wonder (Thredbo)		
Saturday, 15 September 2012 One Hit Wonder (Thredbo)		
Sunday, 16 September 2012		

Core Program Days August / September	14
Additional mid week training days, purchasable as 4 packs only	8
Total number of packs August / September	2

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